

the prayer course

THE PRAYER COURSE STUDY GUIDE SESSION 3: PETITION

In this session we'll unpack the significance of asking God in prayer.

Bible passages: Matthew 7:7-11, Matthew 18:19

Summary points: The father loves to give good gifts. Traffic lights. Yes. Wait. No. Sometimes we need to “stack dominoes” and persevere in prayer.

Discussion Questions:

- What did you find most helpful or most challenging in the video?
“Although God knows our need, he does still want us to articulate it to him”
- Poppy pointed out that it's often easier to believe God can change things in our hearts rather than believing in things can see in the world. Do you agree?
- How often do you ask God for what you want as well as what you need?

Pete uses the traffic light analogy to describe different ways God responds to our prayers:

Green: Yes

Amber: Wait / Persevere

Red: No

- Are you experiencing a “green”, “amber” or “red” response to any specific prayers at the moment? Share your experiences together.

Do it: take time to pray for one another's prayer requests. Remember the following as you pray:

Pray incrementally: Pray for a specific next step, rather than jumping to the top of the staircase

Pray the promises of God: Is there a specific promise that relates to the situation?

You also might like to follow the **P.R.A.Y** model – start by **pausing** and welcome the Holy Spirit, then **rejoice** and give thanks before **asking**. Remember to **yield** and surrender everything back to God as you finish.